



PLEASANT HILL
MANOR

Spring 2009

Message from the Administrator

Hello Everyone! Spring is here and I hope everyone is enjoying the sunshine! We are proud to present our new rehab gym to our residents, community and families this spring. It will have state of the art equipment that will assist our therapists and residents in a speedy recovery. We will also be providing outpatient therapy to our residents that are discharged home and to our community. We will be hosting our Open House on May 13th. Please stop by.

Have you heard about Governor Strickland's Budget Proposal? He is asking to increase our bed tax from \$4.75 a day per patient to \$11.00 a day per patient. This will affect our facility alone by \$726,858 per year. Medicaid funding has only increased by 1% per year over the past five years, while patients' care needs have grown steadily. We have been reaching out to our senators and representatives to hear us out and encourage every family member to do the same. Every voice counts. Our Senators Sherrod Brown can be reached at 1-800-587-4180 and George Voinovich at 202-224-6997. U.S. House of Representative Jean Schmidt can be reached at 800-784-6366. Governor Ted Strickland can be reached at 614-466-3555.

Resident Spotlight

Pleasant Hill Manor resident Hazel Wilson's bright eyes with her clear and steady voice, belie her age. Hazel greets visitors with a warm smile and a firm handshake. Hazel was born on a small farm in Kinnikinnick, Ohio on July 16, 1909. As Hazel prepares to celebrate her one hundredth birthday, her mood is good.

Hazel credits her positive outlook and good health to a life of hard work, clean living, and her faith in God. She says, "I remember walking about a mile to school with a sandwich in a tin pail. My school was a small, two room building. I remember the day the school bought our first bus. It was a horse driven covered wagon. The wagon had two rows of seats with an aisle in between. It would stop right in front of my house and pick me up."

Hazel recalls the events of the century with perfect clarity. When asked if she remembered the war she said, "I remember both World Wars. I remember relatives from Pennsylvania visiting our home during World War I when they were stationed at Camp Sherman. Camp Sherman was then located in Chillicothe, Ohio," recalls Hazel.

Across the street from the family farm was the Crouse Chapel Church. Hazel attended the church every Sunday. "That church taught me all I needed to know about how to live my life. It was such a big part of my life," said Hazel. "My mother made fried chicken to raise money for the church. People came all the way from Chillicothe to eat my mother's chicken in the country. I miss the work on the farm and I would still be working there if I could," commented Hazel.

Pleasant Hill Manor is planning a centennial celebration in honor of Hazel's remarkable life.



Pleasant Hill Manor Staff

Amy Clemmons	Administrator
Sarah Wells	Assistant Administrator
David Roddy, MD	Medical Director
Melissa Jordan	Director of Nursing
Peggy Smith	Assistant DON
Debra Ison	Staff Development
Allen Rice	Laundry/Housekeeping
Russ Pruitt	Resident Service Coordinator
Diane Hammonds	Resident Service Coordinator
Rosemary Shanton	..	Activity Director
Linda McCleese	Office Manager
Patty Risby	Customer Relations Coordinator
Dan Mault	Community Liaison
Shelly Boldman	Rehabilitation Director



PLEASANT HILL MANOR

a tradition of caring

7143 U.S. Route 23 South
Piketon, OH 45661

*With the arrival of Spring,
we would like to ask families
to help their loved ones in
doing some "spring cleaning".*



*We all tend to accumulate
clothing items that are either too small, too big or
aren't worn very often. By assisting your loved
one in removing these clothing items and switching
out some of their winter/fall items for some
spring/summer items, it will ensure them
sufficient closet space for their belongings.
Thank you in advance for your assistance in
"spring cleaning"!*

~ Sarah Wells

Transitional Care

Greetings from the Rehabilitation family here at Pleasant Hill Manor Rehabilitation Department! Spring has arrived bringing flowers, sports, activities, and a load of new things happening here at Pleasant Hill Manor. We are currently under construction with the addition of a new therapeutic gym. This space will include a fully functional kitchen and laundry room for home activity simulation for people to return home and resume their normal daily activities more safely. We will also have the newest exercise equipment for strength training and cardiac rehabilitation. With the additional gymnasium space, we will be expanding our outpatient treatment services for new patients, as well as transitional patients that return home after a stay with us, but desire to continue their therapy treatments. This will ensure uninterrupted treatment planning with familiar staff and consistent, progressive therapeutic activities. These new amenities, as well as an experienced staff, will result in Pleasant Hill Manor Rehabilitation Department being the leading facility in the community. These rehabilitation plans will accommodate those who have to undergo orthopedic surgeries such as total joint replacements and recovery from fractured bones, as well as those who suffer strokes and are experiencing functional deficits. We also offer individualized speech



therapy treatments to include cognition training, speech and swallowing issues and a specialized treatment called VitalStym for recovery from facial muscle weakness, and speech and swallowing deficits after a stroke.

Pleasant Hill Manor offers a collaborative effort for the care and recovery of you or your family member with an in-house dialysis center; a specialized ventilator wing with a vent weaning program, as appropriate; a full time therapy staff offering physical, occupational and speech therapy; a social work staff that will coordinate in-house and return-to-home needs and services; as well as a skilled and caring nursing staff.

Please do not hesitate to call if you have any questions, or come visit us and take a tour of our new facilities. We look forward to serving you and your family for whatever recovery or care needs are necessary for your situation.



*Please visit our website at
www.pleasanthillmanor.com
Click on "Guest Connect" to send a message
and we will deliver it for you. This is a great
way to brighten your loved one's day!*