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Piqua Manor News

February • March • April 2012

Easter Egg Hunt

Piqua Manor will be hosting their annual Easter Egg Hunt on Saturday, April 7, 2012. Residents will participate in the Easter Egg Hunt from 9:15 - 9:45am throughout the building. Residents will be asked to come to the Activity Room for instructions that morning at 9:15am. Children, ages 2 -12, will be asked to meet in the Activity Room at 10:00am. The Children's Easter Egg Hunt will begin promptly at 10:00am. Please remember that if you arrive late, your child(ren) may not be able to find any eggs. Last year over 500 eggs were hidden, and in under 15 minutes, they were all found!!! So, please arrive a few minutes early for this exciting event! The Easter Bunny will also be visiting that morning!



Easter Meal

We will serve a special meal for all residents on Sunday, April 8, 2012. If you would like to have a special family party, please remember to contact Kim Fair, ADC, at 773-0040 to set up a date and location for your special event. You may also order a meal(s) from our Dining Services if they are notified of your event. Please ask for pricing for your meal on the date of your event. Remember that your whole family can order meals from Dining Services in order to share meals with our loved ones.

New Administrator

Hello, my name is Amy Carroll and I am the new Administrator here at Piqua Manor. I am very excited to be here and look forward to getting to know all of the residents and families. Let me take a moment to share a little bit about myself and then please stop by my office and introduce yourselves to me.

I have been married for 17 years to my husband Doug who is a pastor connected with the CMA church. We have three small girls: Lydia, 7 yrs; Hope, 6 yrs; and Anna Grace, 3 yrs. You may see them here from time to time. I am an RN with a background in the ICU and actually worked here in the past as a PRN nurse on third shift. Prior to coming to Piqua Manor, I worked for a management company and served as the Administrator at the Wyandot County Home. Although I miss the hands on day to day nursing, I love being an advocate for seniors in a new way.

Again, it is such an honor to be working here and I look forward to our future time together.

Respectfully,
Amy Carroll

Volunteer Banquet

We will be hosting our annual Volunteer Banquet on Friday, April 20, 2012 at 2:30pm in the Main Dining Room. We will be having a very special banquet to thank all of our volunteers for always being there to help everybody in so many different ways. Piqua Manor is very fortunate to have such great volunteers willing and able to bring joy and happiness to so many. Thank you volunteers, because without you, we would not be able to reach out and help care for as many people as we do! Please make sure to say Thank You to all the volunteers you know, and don't forget to give them a hug for all that they do!

Thanks Volunteer -Thanks for all the little things, the "done-and-then-forgotten" things, the "oh-it's-simply-nothing" things that make our days much brighter. With unobtrusive, friendly things, and "never-mind-the-trouble" things, and "won't-you-let-me-help-you" things, you've made our hearts much lighter.

Rena Holfinger Concert

Rena Holfinger will be here on Friday, February 3, 2012 to delight us with her great saxophone concert. Rena plays everything from country to concert tunes and is looking forward to seeing everyone at the show. Make sure to mark your calendars, you won't want to miss this one!

Super Bowl XLVI

Come on down and join us for a little Super Bowl fun today! Bring a friend and get ready to answer a few questions about the two teams that will be playing for the title this year! Refreshments will be served!



Greene Street School Valentines

Students from the Greene Street School will be visiting Piqua Manor on Friday, February 10, 2012 at 1:00pm. The students will be making Valentines with and for our residents. This will be a fun-filled intergenerational afternoon, filled with laughter and goodies! So make sure to come down early and get a good seat for this event!

Elmer's Special Sing Along

As you know, Elmer has been singing and playing his guitar for the past few months at Piqua Manor, and each time he comes, more people enjoy getting a chance to sing karaoke with their friends and family. So, don't forget to mark your calendars, because you will really enjoy singing your favorite songs with all your friends and family members! Elmer will be crooning out the tunes at 2:30pm on Friday, February 17, 2012.



Dietary Changes

In order to provide an excellent fine dining room experience we will be making some changes in our dietary program. These changes will include location, seating arrangements and seating times. For more information regarding these changes, please see the Administrator or Dietary Manager.

Sunday by Sunday

If you are Catholic, and would like to learn more about Latin Scripture Studies, then this class is for you! Members of St. Boniface and St. Mary's will be on hand to help teach and understand the scriptures. Please make sure to contact Barbara Kohl at 773-9205 for more information. This is an eight week class which will meet every Tuesday at 2:00pm beginning on Tuesday, February 28, 2012.

Daylight Savings Time



Don't forget to spring forward when Daylight Savings Time begins on Sunday, March 11, 2012!

Brenda Allen Cobbs

Are you ready to enjoy Friday afternoon listening to some of your favorite show tunes? Then you might want to join your friends and family members on Friday, March 16, 2012 at 2:30pm in the Main Dining Room! That's right! Brenda Allen Cobbs' fingers will be dancing across the keyboard as she belts out beautiful songs of yesteryear! Make sure to mark your calendars for this truly delightful performance!

St. Patrick's Day

Can you believe that it's already that time again? Time to celebrate St. Patrick's day with green milkshakes and green cupcakes! So don't forget to wear a bit o' the green on this day! Cause if you don't, you might be bound to be pinched by the wee little people!!

Step In Time

Join us for a rousing display of professional "Clog Dancing," when the Step In Time Cloggers visit Piqua Manor to show us how much fun it is to stomp the floors! Mark your calendars and come on down for a great time with your friends and family members!

Bill Corfield

Make sure to get a good seat early for this event! Bill Corfield will be joining us on Thursday, April 5, 2012 at 6:30pm. Bill plays all over Ohio and enjoys coming to Piqua Manor to sing to all his favorite friends and family members. If you have a favorite song you'd like to hear, please make sure to let Bill know. He enjoys playing everyone's favorite tunes whenever he can. So remember to mark your calendars!

The iPad is Revolutionizing Therapy!

The iPad has quickly become a popular therapy tool. It is easy and motivational for patients to use. There are many useful apps available specific to occupational, speech and physical therapy. The opportunities are endless as new applications are developed regularly and are simple to download to the iPad.



Speech therapists now utilize the iPad for someone who has vocal limitations. For example, if a patient has suffered a speech deficit due to a stroke, the iPad applications can project a voice to ask questions or respond using a word bank to build sentences. A sign language application is also available.

The iPad is compact and portable making it easy for a patient to take to a restaurant, shopping or appointments. It's also convenient for therapists to transport from patient to patient. All the applications are at your fingertips versus carrying bags of equipment to meet various patient needs.

Protect yourself! Take time to get a flu vaccination!

Influenza (flu) is a contagious respiratory disease that can lead to serious complications, hospitalization, or even death. Anyone can get the flu, and vaccination is the single best way to protect against influenza. Even healthy children and adults can get very sick from the flu and spread it to family and friends.

Because flu viruses are constantly changing, flu vaccines may be updated from one season to the next to protect against the most recent and most commonly circulating viruses. Also, a person's immune protection from vaccination declines over time and annual vaccination is needed for optimal protection.

Health experts now recommend that everyone 6 months of age and older get vaccinated against influenza. It's especially important that the following groups get vaccinated:

- Pregnant women
- Children younger than 5, but especially children younger than 2 years old
- People 50 years of age and older
- People of any age with certain chronic medical conditions

- People who live in nursing homes and other long-term care facilities
- People who live with or care for those at high risk for complications from flu, including: health care workers, household contacts of persons at high risk for complications from the flu, household contacts and out of home caregivers of children less than 6 months of age



Who should NOT get a flu vaccine?

Influenza vaccine is not approved for use in children younger than 6 months. And people who are sick with fever should wait until their symptoms pass to get vaccinated. Some people should not be vaccinated before talking to their doctor. This includes:

- People who have a severe allergy to chicken eggs.
- People who have had a severe reaction to an influenza vaccination in the past.
- People who developed Guillian-Barré syndrome (GBS) within 6 weeks of getting an influenza vaccine previously.

For additional information, visit the Center for Disease Control and Prevention website: http://www.cdc.gov/flu/flu_vaccine_updates.htm



PIQUA
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Activities & Special Events

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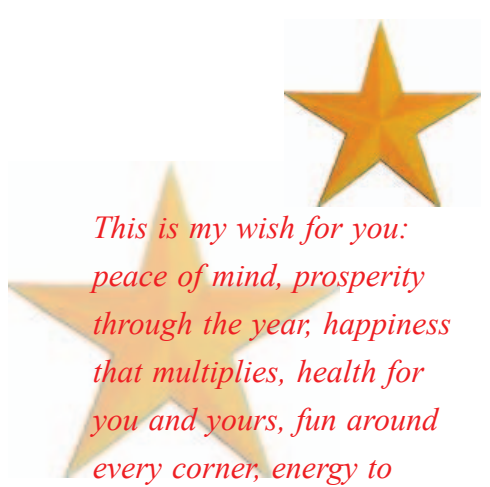
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We will serve a special Easter meal on Sunday, April 8th.



*This is my wish for you:
peace of mind, prosperity
through the year, happiness
that multiplies, health for
you and yours, fun around
every corner, energy to
chase your dreams, joy to
fill your new year!*

- D.M. Dellinger

A Little Humor

I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.