

News from Garbry Ridge

Our NEW Exercise/Therapy Area!

In May, Garbry Ridge will have a new therapy/exercise area located in the former Superior hallway living room. Alternate Solutions Rehab, Inc. will be providing the equipment that will be used in this area. Alternate Solutions provides most of the rehabilitation care for our residents and the new exercise area will enhance the services they provide. Included in this area will be:

- Nintendo Wii
- Recumbent bike
- Flat screen TV
- Parallel bars
- Free weights
- Exercise balls
- Upper body bike

We look forward to all of the benefits and fun our residents and staff will experience through this new addition!

The Little Grey Box

In the hallway, on the wall outside Marianne's office, is a grey, metal deposit box. The purpose of this box is to drop off monthly checks on the weekends and after hours. It's a bit more secure than simply putting the check on Marianne's desk where it might sit overnight.

Something NEW Coming to Garbry Ridge

Later this spring, Garbry Ridge will be part of the Assisted Living Waiver Program in Miami County. This program is a long-term care option for Medicaid recipients. This program is a statewide, Medicaid-funded program that allows eligible individuals to reside in, and receive services from, a licensed assisted living community. To be eligible for this program, you must meet all of the following:

- You are age 21 or older
- You are Medicaid approved financially
- You require hands-on assistance with at least two of the following: mobility, bathing, using the bathroom, dressing, grooming, taking medicine, and eating
- You have care needs that can safely be met in the assisted living setting.

To determine if the Medicaid Waiver Program is right for you, please call Marianne Emmert at (937)778-9385.

Happy Mother's Day ~ May 10th

Happy Father's Day ~ June 21st



HIPAA and Garbry Ridge

HIPAA is an acronym for The Health Insurance Portability and Accountability Act of 1996. HIPAA ensures that residents have the right to control who can see their protected health information. Assisted Living is not formally included under HIPAA laws. However, when the Medicaid Waiver Program becomes part of life at Garbry Ridge, HIPAA will also become part of our lives. What this will mean is that only our residents, and those individuals who the resident has authorized, will have access to their medical information.

For example, if one of our residents is in the hospital and another resident asks questions about that person's medical condition, we will not be able to share information without the permission of the resident who is in the hospital. This may sound a bit harsh, but that is the law and we must abide by HIPAA regulations. Another example might be if an out-of-town relative calls in and asks about a resident's condition, we cannot share information unless we are specifically authorized to do so by the resident in question or their responsible party. If you have any questions about HIPAA, please contact Marianne Emmert.



Please be sure to visit our website at www.garbryridge.com.

Click on "Guest Connect" to send a message and we will deliver it for you. This is a great way to brighten your loved one's day!

"The happiest of people don't necessarily have the best of everything; they just make the most of everything that comes along their way."

~ Author Unknown

A note from Marianne

Last Saturday, my husband and I were having breakfast at the Sweet Shoppe Bakery in Versailles, Ohio. Near our table there were three men talking and we were forced to listen to their conversation because they were kind of loud. We listened to them for about 30 minutes and not one time did any of them have a single positive comment to make about anything. The tie that bound them seemed to be negativity. Aside from the fact that they were somewhat annoying, their remarks made me feel sad for them. It was a Saturday morning, they were in a place that smelled good, served great coffee, it was a holiday weekend, and the atmosphere was nice and laid back. Surely one of them could have said something uplifting and positive. Maybe not. I am challenging myself to include something positive in every conversation I have. Our words can heal or hurt, they are never neutral. Let's heal every chance we can!



"Be aware of the snowball effect of your thinking."

~ Richard Carlson, Ph.D.

Administrative Staff

Marianne Emmert.....	Executive Director
Connie Wells, LPN	Wellness Coordinator
Cheryl Banning, LPN	Wellness Coordinator
Ronda Weldy, LPN	Wellness Coordinator
Traci Lyman, LPN	Wellness Coordinator
Pam Miller	Activities Director
Gary Niswonger	Environmental Services Supervisor
Kathy O'Quinn	Dining Services Supervisor
Gay Bowser.....	Housekeeping Coordinator
Jane Redell.....	Human Resources Coordinator